

the Source +



Market Alerts

TRANSITION The movement of major growing areas from California to points as far south as Yuma Arizona is underway, and will continue through early December. 'Transition', as this movement is called, is a time when certain crops are more susceptible to disruptions in supply and quality. Currently no issues are reported, outside of the product alerts listed below.

LETTUCE LEAF Quality is still fair on **Iceberg** and **Romaine**, although pricing has eased from prior weeks. For the best quality, consider using **Green** or **Red Leaf**.

ORANGES Supplies of **Valencia Oranges** are extremely short, and pricing is far higher than normal on most **Choice** and **Fancy** grade product. The shortage is expected to continue well into autumn, until the **Navel** crop comes in. Please consider **Apples** or **Pears** as a hand fruit option.

BROCCOLI / CAULIFLOWER Supplies of **Whole and Crown Broccoli** are improved, with pricing lower than last week and good quality. **Florets** are still in limited supply, and orders may be shorted. **Whole and Floret Cauliflower** are about 10% more expensive than last week, with good quality reported.

AVOCADOS Supplies are improving on **Avocados**, and pricing is lower for most grades and sizes than in prior weeks, but still higher than normal. Quality is good to fair.

A Peek at Peak Seasons

SWEET POTATOES All sizes and grades of Sweet Potatoes/Yams are plentiful, with good quality and pricing just in time for fall menus.

Autumn Squash: With cooler weather approaching, it's the perfect time to highlight hard (autumn) Squash on your menus. Butternut, Delicata, Carnival, Acorn and Spaghetti are all great options.

Apples: It's peak Apple season, with all your favorite autumn varieties such as Honeycrisp, Lady, Jona Gold, Red Rome and more. Ask your distributor for recommendations!

Pears: Bartlett and Red Pears are at peak harvest out of Washington, along with in California and New York. It's the perfect time of year to use them for hand fruit and recipes.

Bell Peppers: Green, Red, Yellow and other colored Bell Peppers continue to be a very good buy, with great quality and pricing.

Asparagus: Supplies of all sizes of Asparagus are plentiful. Pricing is very good and quality is excellent.

Weather Update

California: A brief cold front will cool the region over the weekend, and warm back up next week. Gusty winds are forecasted for the desert regions.

Mexico: Above average temperatures and dry conditions throughout the week.

Florida: Heavy rains and strong winds will pass through the southern half of the state early in the week, followed by dry conditions and seasonal temperatures.



Commodities at a Glance

 APPLES	Peak season for fall varieties.	 CELERY	Quality and pricing are good.	 LETTUCE LEAF	Quality is fair; pricing is higher.
 ASPARAGUS	Quality and pricing are good.	 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes.	 LETTUCE TENDER LEAF	Quality is fair; pricing may be higher.
 AVOCADO	Pricing remains much higher than normal, quality is good to fair.	 CITRUS (LIMES)	Quality and pricing are good.	 MELON (CANTALOUPE)	Quality and pricing are good.
 BELL PEPPERS	Quality is good, with Green Peppers being the best buy.	 CITRUS (ORANGES)	Quality is good, supplies are very limited, pricing is extremely high.	 MELON (HONEYDEW)	Quality and pricing are good.
 BERRIES (BLACKBERRIES)	Quality is good, pricing is fair.	 CUCUMBERS	Quality and pricing are good.	 MELON (WATERMELON)	Quality and pricing are good.
 BERRIES (BLUEBERRIES)	Quality is good, pricing is fair.	 EGGPLANT	Quality and pricing are good.	 ONIONS	Quality and pricing are good.
 BERRIES (RASPBERRIES)	Quality and pricing are good.	 GARLIC	Quality is fair; pricing is higher.	 PEARS	Quality and pricing are good.
 BERRIES (STRAWBERRIES)	Quality and pricing are good.	 GRAPES (GREEN)	Quality is good, pricing is fair.	 PINEAPPLES	Quality and pricing are good.
 BROCCOLI	Quality is good, pricing is higher.	 GRAPES (RED)	Quality is good, pricing is fair.	 POTATOES	Quality and pricing are good.
 BRUSSELS SPROUTS	Quality is fair; pricing is higher than normal.	 GREEN ONIONS	Quality and pricing are good.	 POTATOES (COLORED)	Quality and pricing are good.
 CARROTS	Quality and pricing are good.	 KALE	Quality and pricing are good.	 SQUASH	Quality and pricing are good.
 CAULIFLOWER	Quality is good, pricing higher.	 LETTUCE ICEBERG	Quality is fair; pricing is higher.	 TOMATOES	Quality is fair to good, pricing is higher. Grapes and smaller Rounds are the best values.

